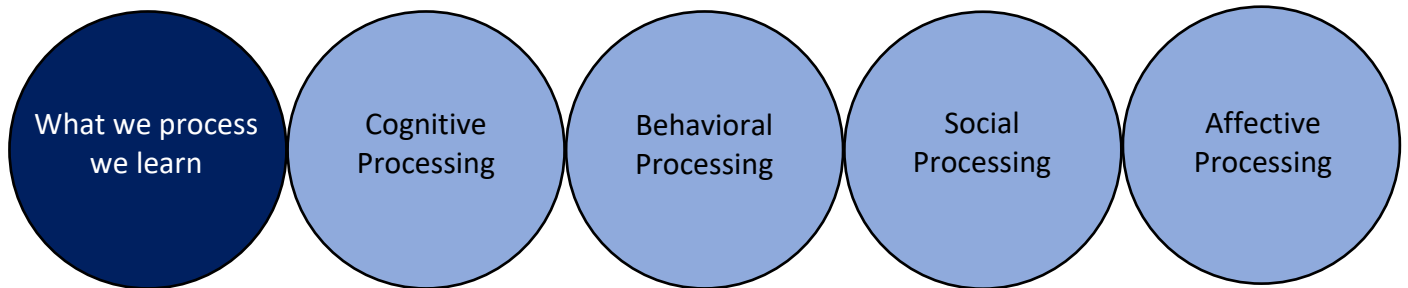


Integrating Learning, Memory, & Experience

Fostering Deep and Flexible Learning

Peter Doolittle | 2019 Teaching and Learning Summit
 Professor, Educational Psychology | Wiley
 Director, School of Education | February 29, 2019
 Virginia Tech, Blacksburg, Virginia | Miami, Florida

Deep and Flexible Learning



6 Principles of Deep and Flexible Learning

1. Learning through **practice at retrieval**
2. Learning through **varied tasks and purposes**.
3. Learning at the **principle level**.
4. Learning **awareness and control** (metacognition).
5. Learning in response to **developmental practice**.
6. Learning embedded in **prior knowledge and experience**.

Instructional Design with Embedded Assessment

