

## 6 Principles of Deep and Flexible Learning

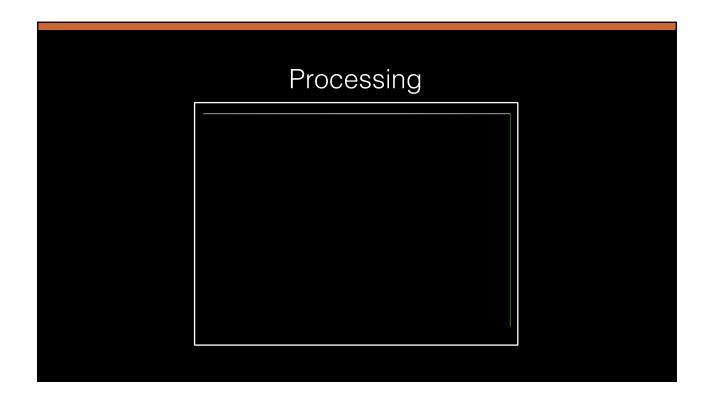
- 1. Learning through practice at retrieval
- 2. Learning through varied tasks and purposes
- 3. Learning at the principle level
- 4. Learning awareness and control (metacognition)
- 5. Learning in response to developmental feedback
- 6. Learning embedded in prior knowledge and experience

(Fullen, Quinn, & McEachen, 2018; Samuels-Peretz, 2017; Zheng, 2018)









## Learning and Memory

What we process we learn

Cognitive<br/>ProcessingBehavioral<br/>ProcessingSocial<br/>ProcessingAffective<br/>Processing

Practice at Vary Tasks Principle Awareness Developmental Prior Knowledge Retrieval and Purposes Level and Control Feedback & Experience

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